

Pulmuone



plantspired.



Discover Our Plant-Based Protein Product Lineup

Fuel Your Culinary Creativity with Our Plant-Based Meal Prep Essentials. Quick & Easy, Convenient!



Traditional Water Pack Tofu

America's #1 Tofu
Versatile, good source of plant-based protein
Easy to cut into bite-size pieces, making it a healthy addition to stir-fries, kebabs, nuggets, and other dishes where you want a firmer texture.



Tofu Bites

Plant-based chicken-style nuggets with a garlic, herb breading. Crispy outside, chewy inside!
Great for appetizers, meals, salads and wraps.



6 lb & 1 lb available

High Protein Tofu

Pre-pressed and Vacuum Sealed
Requires no pressing, ultimate convenience
Great for stir-fries, kebabs, grilling, pan-frying, and any recipe that requires a firm meat-like texture.



Baked Tofu

Marinated and baked to perfection.
Ready to eat – hot or cold!
Great in stir-fries, salads, sandwiches, wraps and more.



Extra Soft Tofu

The softest variety of tofu. Ideal for replacing eggs or dairy to create a healthier dessert or smoothie!
Great for desserts, sauces, and salad dressings.



Plant-Based Steak

Premium and tender plant-based steak strips charcoal grilled to perfection, in plain or Korean BBQ and Gochujang flavors.
Heat and serve within minutes as a main dish, topping, or side dish. Great for rice, salads, noodles, pizza, tacos, and more.



Plain Toss'ables

Unseasoned baked cubed tofu.
Save time from water-draining and dicing tofu. Ideal for salads, rice, or noodle recipes.



Plant-Based Chicken

Tender and juicy plant-based chicken that's unlike the rest. A similar texture to white breast "muscle meat" that's conveniently pre-cubed/diced and lightly seasoned for easy application.
Perfect for any dish that uses "chicken" as a topping or basis.

*Varies by product

For generations, Pulmuone has been a proud leader in providing families with a simple plant-based protein: Tofu. As the world's leading manufacturer of plant-based proteins, we offer a wide variety of products including basic tofu ingredients, prepared tofu, plant-based steak and chicken, and more. Consumers trust us to provide delicious and wholesome meals made from high-quality ingredients that nourish the planet and the people. We're committed to sustainable eating and believe there's more to making really great food than just making it taste good. To ensure future generations have access to the same great nourishments we enjoy today, we make it our mission to source ingredients sustainably.

ITEM # UPC	CASE UPC	UNIT UPC	PRODUCT DESCRIPTION	UNIT SIZE (LB)	UNIT DIMENSIONS (L X W X H) INCHES	CASE PACK	CASE DIMENSIONS (L X W X H) INCHES	PALLET CONFIGURATION	CASE CUBE	CASE NET WEIGHT	CASE GROSS WT (LB)	SHELF STORAGE
140500	0-03-08717-11132-4	0-30871-71113-2	Wildwood Organic High Protein Super Firm Tofu Vacuum Pack	6	11.5 x 7.25 x 2	6 pk	15.25 x 12.13 x 7	6 x 6	1.1	36	37.2	Keep Refrigerated
110072	7-53214-71072-1	N/A	Pulmuone Extra Soft Tofu	8.34	14.6 x 9.10 x 1.40	2 pk	15.38 x 9.38 x 4.75	12 x 4	0.4	16.68	18.1	Keep Refrigerated
100489	1-00-25484-00657-4	0-25484-00657-7	Nasoya Organic High Protein Tofu	1	5.12 x 4.33 x 1.57	6 pk	11.50 x 10.63 x 3.54	12 x 12	0.25	6	6.5	Keep Refrigerated
140734	1-00-25484-00762-5	0-25484-00762-8	Nasoya Plantspired Organic Plain Toss'ables	2.5	10 x 7 x 1	4 pk	13.25 x 9.25 x 4.75	14 x 9	0.37	10	10.5	Keep Frozen
140715	1-00-25484-00754-0	0-25484-00754-3	Nasoya Tofu Bites	2.2	11.81 x 9.06 x 0.39	10 pk	16.54 x 12.60 x 10.63	6 x 8	1.28	22	23.3	Keep Frozen
140755	1-00-25484-00764-9	0-25484-00764-2	Nasoya Plantspired Organic Savory Baked Tofu	0.44	6.00 x 5.00 x 1.10	18 pk	10.43 x 6.30 x 7.48	25 x 8	0.28	7.88	8.5	Keep Refrigerated
140730	1-00-25484-00758-8	0-25485-00758-1	Nasoya Plantspired Plant-Based Steak	2.2	11.02 x 2 x 13.78	10 pk	15.35 x 9.84 x 9.84	10 x 5	1.43	22	23.3	Keep Frozen
140845	1-00-25484-00772-4	0-25485-00772-7	Nasoya Plantspired Plant-Based Chicken	2.0	14.5 x 9 x 1.5	10 pk	17.5 x 13.25 x 7.5	6 x 7	0.94	20	21.65	Keep Frozen



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